

5th meeting of the EUSBSR Policy Area Health Steering Group

3 April 2025

Vilnius, Lithuania

Title	Minutes from the 5 th meeting of the EUSBSR Policy Area Health Steering Group
Submitted by	Secretariat

1. Opening

The Meeting was opened and chaired by Jurgita Kinderienė, Ministry of Health of Lithuania, who welcomed the participants.

Dr. Ülla-Karin Nurm, the Director of the NDPHS Secretariat, welcomed the participants.

The participants introduced themselves.

2. Adoption of the agenda

The Meeting **adopted** the agenda.

3. Preparations for the ministerial-level Partnership Annual Conference on 13-14 November 2025 and its side event

The NDPHS Secretariat provided the meeting with practical information on the upcoming Partnership's Annual Conference (PAC) 2025, to be held in Vilnius on 14 November 2025, which will be combined with the next PA Health SG meeting.

The meeting will focus on mental health-related topics, including community-based interventions, social prescribing and workplace mental health promotion. The final event of the project "Arts on Prescription in the Baltic Sea Region" on 13 November 2025 will be the side-event to the PAC.

4. Review of the EUSBSR Action Plan

The NDPHS Secretariat presented the process and current state of the review of the EUSBSR Action Plan and the Policy Area “Health” priorities.

The participants took note of the presented information.

5. Introduction to the Mental Health Matters Project (MHM)

The MentalHealthMatters Project Manager provided an overview of the project, followed by related group work and lunch.

6. Mental Health Matters: project outcomes

The MentalHealthMatters Project Manager presented the project's outcomes to the meeting, highlighting the launch of the First-Aid kit for Mental Health. Each participating project country presented national outcomes and the work of the respective National Communities of Practice. The following panel discussion between key project experts focused on the project's value, the importance of continuation of activities in the Baltic Sea Region, and future priorities for collaboration on psychosocial work environment issues.

The Meeting took note of the information and appreciated the variety and importance of the project outcomes, particularly those achieved by the National Communities of Practice.

7. Updates from the NDPHS/EUSBSR PA Health projects

The NDPHS Secretariat presented updates from the ongoing/new projects/project applications not included in previous agenda items, including Latent Tuberculosis Infections Inventory (LTBI) and Solutions for Age-Friendly Employer (SAFE), Schoolchanger, BSR Mental Health Plattform, the ArtWell Network, and Effectively Prepared in Crisis (EPIC).

8. Closing of the meeting